








# Castlefields School Lunch Menu

-  Added Plant Power
-  Vegan
-  Wholemeal

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>  1st Nov 15th Nov 29th Nov 13th Dec	<b>Red Option</b>	Fish in Batter Served with Chips	Pork Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potato and Gravy	Beef Burgers and Wedges	Pepperoni Pizza and Pasta 
	<b>Vegetables</b>	Baked Beans and Sweetcorn	Broccoli and Green Beans	Carrot and Swede Mash and Cabbage	Baked Beans and Mixed Salad	Baked Beans, Mixed Salads
	<b>Purple Option</b>	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo
	<b>Green Option</b>	Spanish Omelette Served with Chips	Vegetarian Sausage, Mashed Potato and Gravy	Roast Quorn Fillet with Roast Potatoes and Gravy	Broccoli and Cheese Pasta Bake 	Margarita Pizza and Pasta 
	<b>Yellow Option</b>	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	<b>Orange Option</b>	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
	<b>Blue Option</b>			Hot Chicken Baguette		
	<b>Dessert Selection</b>	Flapjack, Yoghurt or Fresh Fruit	Chocolate and Orange Brownie, Yoghurt, Fresh Fruit	Vanilla Shortbread, Yoghurt and Fresh Fruit Station	Chocolate Sponge with Hot Chocolate Sauce, Yoghurt, Fresh Fruit	Ice Cream or Fresh Fruit and Yoghurt Station
<b>Week Two</b>  8th Nov 22nd Nov 6th Dec	<b>Red Option</b>	Fishfinger/ Salmon Fishfingers And Chips	Macaroni Cheese	Roast Pork with Stuffing, Roast Potato and Gravy	Hot Dog and Wedges	Homemade Pepperoni Pizza and Pasta 
	<b>Vegetables</b>	Baked Beans and Sweetcorn	Broccoli and Green Beans	Carrots and Cauliflower	Peas and Mixed Salad	Baked Beans, Mixed Salad
	<b>Purple Option</b>	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo
	<b>Green Option</b>	Tomato and Vegetable Pasta   	Mexican Beans with Rice 	Vegetable Hot Pot 	Vegetarian Hot Dog and Wedges	Margarita Pizza with Pasta 
	<b>Yellow Option</b>	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	<b>Orange Option</b>	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
	<b>Blue Option</b>			Hot Pork Baguette		
	<b>Dessert Selection</b>	Iced Sponge Cake, Yoghurt, Fresh Fruit	Marble Sponge and Custard, Yoghurt or Fresh Fruit	Apple Strudel, Fresh Fruit and Yoghurt Station	Chocolate Shortbread, Yoghurt or Fruit	Jelly, Fresh Fruit and Yoghurt Station