





Castlefields School Lunch Menu

-  Added Plant Power
-  Vegan
-  Wholemeal

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 W/C 2 nd Sept 13 th Sept 27 th Sept 11 th Oct	Red Option	MSC Fish in Batter Served with Chips	Spaghetti Bolognaise	Gammon Served with Mashed Potato and Parsley Sauce	Sausage Roll Served with Wedges	Pepperoni Pizza and Pasta 
	Vegetables	Baked Beans and Sweetcorn	Broccoli and Green Beans	Carrots and Peas	Baked Beans and Mixed Salad	Baked Beans, Coleslaw And Mixed Salad
	Purple Option	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo
	Green Option	Added Plant Power Cheese and Tri Pepper Frittata Served with Chips	Added Plant Power Quorn Spaghetti Bolognaise	Added Plant Power Roast Quorn Fillet with Roast Potatoes and Gravy	Added Plant Power Vegetable Stir Fry Wrap	Added Plant Power Margarita Pizza and Pasta 
	Yellow Option	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	Orange Option	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
	Blue Option			Hot Gammon Baguette		
	Dessert Selection	Flapjack, Yoghurt or Fresh Fruit	Syrup Sponge and Custard, Yoghurt, Fresh Fruit	Yoghurt and Fresh Fruit Station	Chocolate Cake with Chocolate Drizzle, Yoghurt, Fresh Fruit	Ice Cream or Fresh Fruit and Yoghurt Station
Week 2 W/C 6 th Sept 20 th Sept 4 th Oct 18 th Oct	Red Option	MSC Salmon Fish Finger Wraps And Chips Served with 3 Dips	Meatballs in Tomato Sauce Served with Spaghetti	Roast Pork, Roast Potato and Gravy	Beef Lasagne and Garlic Bread	Homemade Pepperoni Pizza and Pasta 
	Vegetables	Baked Beans and Sweetcorn	Broccoli and Green Beans	Carrots and Peas	Sweetcorn and Mixed Salad	Baked Beans, Coleslaw and Mixed Salad
	Purple Option	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo	Jacket Potato Served with Baked Beans, Cheese or Tuna Mayo
	Green Option	Added Plant Power Macaroni Cheese	Added Plant Power Vegetable Stir Fry With Noodles	Added Plant Power Quorn Sausage, Roast Potato and Gravy	Added Plant Power Tomato Pasta Bake	Added Plant Power Margarita Pizza with Pasta 
	Yellow Option	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
	Orange Option	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
	Blue Option			Hot Pork Baguette		
	Dessert Selection	Oaty Cookie, Yoghurt, Fresh Fruit	Marble Sponge and Custard, Yoghurt or Fresh Fruit	Fresh Fruit and Yoghurt Station	Vanilla Shortbread, Yoghurt or Fruit	Jelly, Fresh Fruit and Yoghurt Station

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.